



Division President's Update

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DATE: 10/20/11

RECIPE OF THE MONTH

Polenta Crusted Shrimp with Mustard and Herb Mayo

Mustard and Herb Mayo:

- 1/2 cups mayonnaise
- 1/4 c sour cream
- 2 T Dijon mustard
- 1/4 c chopped fresh tarragon
- 1/4 c chopped fresh chives

Polenta Crusted Shrimp:

- 1-1/2 cup all purpose flour
- 1 t sea salt (or Kosher)
- 1/4 t ground black pepper
- 2 eggs beaten
- 1-1/2 c polenta
- 2 t paprika
- 1-1/2 t dried thyme
- 1 lb. large shrimp, peeled, deveined, tail on
- 3-4 T olive oil

Mix all the ingredients for the mustard and refrigerate until ready to serve. Position the oven rack in the center and preheat to 475°. Cover a heavy-duty baking sheet with foil. Combine the flour, sea salt and pepper in a bowl and the beaten eggs in another. Mix the polenta, paprika and thyme in another bowl and working in batches, dredge the shrimp in flour (shake off excess), then into eggs and finally coat with the polenta mixture. Once on the baking sheet, drizzle the shrimp with the olive oil and bake for 10-12 minutes until crisp and golden. Sprinkle with a little salt and serve with the mayo for dipping!

Updates

LEC was excellent! Great speakers, food and even a little shopping. I think everyone enjoyed the social media information and presenters, along with a speaker who has not presented to IAAP in the past. Everyone was awarded four recertification points for the day.

Next up for the division is the FLAN hosted by the St. Petersburg chapter and being held on Saturday, November 12. The flyer is out and posted so hopefully everyone knows about it. FLANs are always a big draw because they are informal, short and information packed! All chapter members benefit from attending because there is always something new to be talked about or tried, as you all try to help your chapters to Make the Leap to Remarkable and the day will definitely Cook Up Your Careers! If you haven't seen the flyer, look on the website or contact your chapter president for the details. I hope to see as many of you as possible while I'm there.

As far as I can see, there have been no updates to the information shown in the letter from our former Governor concerning raffles and lotteries, etc. I have received some positive feedback concerning my letter to chapter presidents this month and I'm hoping that everyone will be able to find a positive way to spin this action. On another note, it was determined that all the chapters in the Florida Division are up-to-date with their filing of the forms 990 and none have lost their tax-exempt status! Let's try to keep it that way by remembering to file for this year by November 15th. If anyone has questions or needs help, please contact our division treasurer, Carol Robb, CPS/CAP.

As you can tell by the store decorations, the holidays are FAST APPROACHING! I know I am looking forward to Black Friday (as I do every year) but now's the time for everyone to be extra vigilant when it comes to shopping, walking to your cars, generally not paying attention. Be safe rather than sorry while you're out there doing what needs to be done for the upcoming holiday celebrations!

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